

# Chillingham Public School

## Anti-bullying Plan 2019

**Bullying behaviour has three key features:**

- it involves the intentional misuse of power in a relationship;
- it is ongoing and repeated and
- it involves behaviours that can cause harm.

The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Chillingham Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

#### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

##### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Bees Knees Awards – each week a focused 'desired' behaviour is selected and promoted with the students. Teachers place students' names into a draw for a "Bee's Knees Award" at the weekly assembly. These students are also recognized in the weekly School Newsletter.

R.A.K. Awards – (Random Acts of Kindness) students can present an award to fellow students at the weekly assembly when they see, or experience a kindness from another student.

Term Focus - Each term we focus on a behaviour all staff promote. We employ the following teaching and learning strategies:

- introduce the focused behaviour at weekly assemblies
- complete supporting activities

- note it in the Newsletter so parents and the wider community are included and can support it at home as well
- display posters in the playground
- include it in both Bees Knees and RAK awards.

**Term 1** Week 3 - KINDNESS

Week 6 - COOPERATION

**Term 2** Week 2 - PERSERVERANCE

Week 6 - TOLERANCE

**Term 3** Week 2 - HONESTY

Week 6 - RESPONSIBILITY

**Term 4** Review all behaviours weekly

## 1.2 Staff communication

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify and respond effectively to student bullying behaviour.

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour.

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website:



School Anti-bullying Plan



NSW Anti-bullying website



Behaviour Code for Students

### 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

- P&C meetings - Defining student bullying and school supports
- School Newsletter - Defining student bullying and school supports

### 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education.

Examples of other ways our school embeds student wellbeing and positive behaviour approaches and strategies in practices include the following:

- Extraordinary ME - students write daily gratitude statements promoting positive personal thoughts about themselves and others.
- My Wellbeing Journal - a weekly program where students focus on self-awareness, self-management, social awareness, responsible decision making and relationship skills.
- You Can Do It - a classroom Resilience Program.
- Behaviour Books which align to the Beehaviour awards and address inappropriate behaviours. Students reflect on the incident and record their part in it; why it was wrong; what they could do differently next time; how they could make amends; appropriate consequences for their actions. This helps the students take responsibility for their actions and focuses on making a positive contribution to the behaviour.
- Annual Perpetual School Award for Citizenship – a highly sought after prestigious award in the students' eyes. Presented by Community Centre President.
- Hazel Jefferies 'All-rounder' Award - donated by a revered and respected local family. This highly sought after award recognizes a student who is exemplary in all aspects of school life.