

# Chillingham Public School



*Success through Teamwork*



15 September 2022

## ArtExpress...what a great exhibition!

Our visit, yesterday to the Tweed Regional Gallery was a hit! The students were really excited to see the Year 12 art, which was exceptional. They also had the opportunity to explore Deb Mostert's work, "Animals As Object" which they all found very interesting. Our lunch stop at Knox Park was fun with plenty of time to play in the playground. They gave us good reason to feel very proud of them! Students returned tired and happy, having had a lovely day out!



### IMPORTANT DATES

**16 September – Friday**  
Ball Games at Burringbar

**22 September – Thursday**  
Public Holiday

**23 September – Friday**  
Jump Rope for Heart  
Last day of term 3

**10 October – Monday**  
Students and staff return to  
school

### VISION STATEMENT

Our students are happy, literate lifelong learners. We empower them with the knowledge, skills and confidence enabling them to make a positive contribution to society. Chillingham Public School is a great school. Join us.

**USE YOUR SMILE TO  
CHANGE THIS WORLD,  
BUT DON'T LET  
THIS WORLD  
CHANGE  
YOUR SMILE.**



## From the Principal's desk

While Mrs Roach is enjoying a well-deserved holiday – I will endeavour to fill you in on all relevant information – given we have 1 week left 😊.

The ArtExpress 2022 exhibition was very impressive – see the wrap on page 1. Thank you, Mrs Harper, for organising the excursions. I would like to thank all the students for their excellent behaviour – all the teachers were very impressed.

Tomorrow is the big day – the Small School Ball Games at Burringbar. It is predicted to be very warm so please ensure your child/ren have sunscreen and lots of water.

In Week 10 (next week), the SRC are having an ice-cream fundraiser on Wednesday the 21st of September. **It will cost \$2.00 for the ice-cream cone and there will be sprinkles or chocolate topping for an extra 50 cents each.**



**Thursday 22 September** is a public holiday.

Next Friday, 23 September, all students will be participating in the Jump Rope for Heart activities. We hope that you all have sponsors or looking for sponsors for the skipping activities. The canteen will be having a special mini pies/sausage roll/spinach and cheese roll day. Attached to the newsletter is the order form. **THE FORM NEEDS TO BACK AT SCHOOL ON OR BEFORE TUESDAY 20 SEPTEMBER**

Janet Ward  
Act. Principal

## Happy Birthday

*Happy Birthday  
Oliver S*



### “On a Board”



#### Merit Award recipients

Will, Ethan and Grace



#### Beeeeees Knees recipients

Oliver S., Elorah and Vrea



#### RAK (Random Act of Kindness) recipients

Luke

# Canteen / P&C Notice Board

## P&C Association:

Next meeting is **Thursday October 13** at **2.30pm**.

## Canteen:

We will need to do one week at time for canteen next term as we do not have enough volunteers at this stage.

## CANTEEN ROSTER

<u>Term 3</u>	<u>Volunteer</u>	<u>Cake</u>
Friday 23 September	Mary	Nicole

PIE DAY - A note is attached to this newsletter and needs to be returned to school before Tuesday 20 September.

## WHAT'S HAPPENING IN OUR AREA!

For more information and bookings see my website:  
Three Little Birds Nature Therapy



**SLOW SEWING**  
Circle  
SHARE A CUP OF TEA AND A SNACK

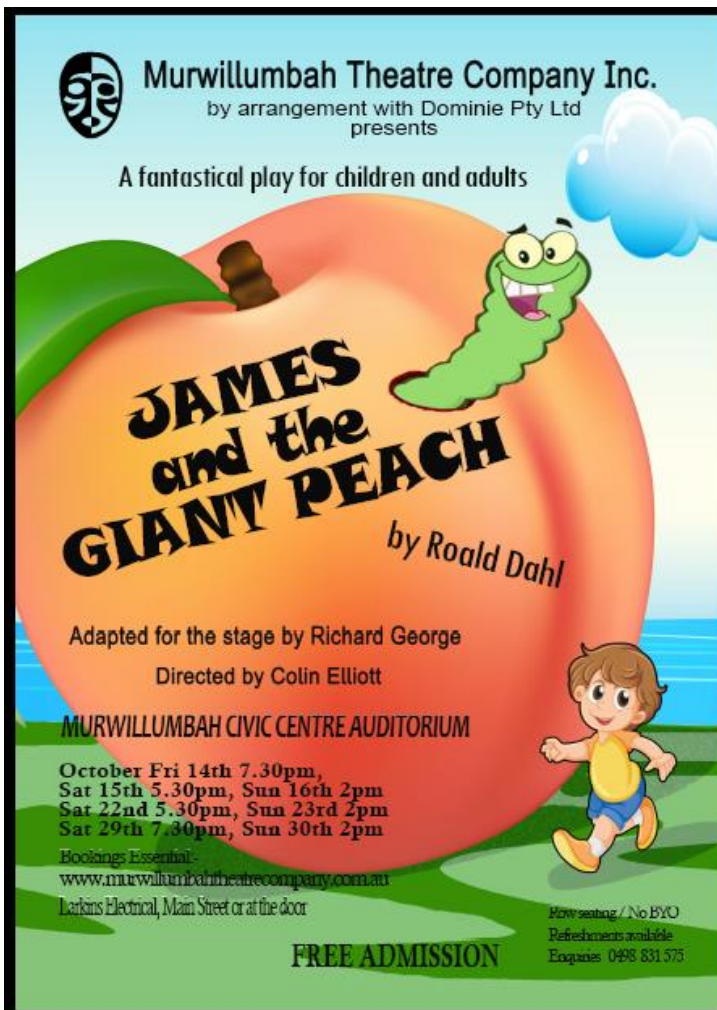
### Chillingham COMMUNITY CENTRE

Lets take time out to sit together in circle and listen to the stitches as they move through the beautiful natural dyed silk fabric...

**Monday 19th  
Sept. 2.30 - 4.30**

- Materials Supplied
- come together to sew and use craft work as a way to mindfully bring us back to a place of stillness

**Cost \$20**  
**Or bring your own embroidery \$10**



**Murwillumbah Theatre Company Inc.**  
by arrangement with Dominie Pty Ltd  
presents

A fantastical play for children and adults

**JAMES and the GIANT PEACH**  
by Roald Dahl

Adapted for the stage by Richard George  
Directed by Colin Elliott

**MURWILLUMBAH CIVIC CENTRE AUDITORIUM**

October Fri 14th 7.30pm,  
Sat 15th 5.30pm, Sun 16th 2pm  
Sat 22nd 5.30pm, Sun 23rd 2pm  
Sat 29th 7.30pm, Sun 30th 2pm

Bookings Essential:  
[www.murwillumbahtheatrecompany.com.au](http://www.murwillumbahtheatrecompany.com.au)  
Larkins Electrical, Main Street or at the door

Howe sewing / No BYO  
Refreshments available  
Enquiries 0498 831 575

**FREE ADMISSION**

# Richmond Tweed Regional Library

Connect. Discover. Escape.

<p><b>Decoupage Bangles</b></p> 	<p>Make your own beautiful decoupage bangles! For ages 8-12 years. Bookings essential.</p> <p>10am Tuesday 27 September Kingscliff Library 02 6674 1607</p>
<p><b>Toy Sleepover Story Time</b></p> 	<p>Wear your comfy pyjamas and bring along a cuddly toy that would like to sleep overnight in the library! For ages 3-7 years. Bookings essential.</p> <p>11am Wednesday 28 September Murwillumbah Library 02 6670 2427</p> <p>11am Wednesday 5 October Tweed Heads Library 07 5536 3672</p> <p>11am Wednesday 5 October Kingscliff Library 02 6674 1607</p>
<p><b>Gardening Story Time</b></p> 	<p>A special story time with stories and activities all about gardening! For ages 3-7 years. Bookings essential.</p> <p>11am Wednesday 28 September Tweed Heads Library 07 5536 3672</p> <p>11am Wednesday 5 October Murwillumbah Library 02 6670 2427</p>
<p><b>Yoga Story Time</b></p> 	<p>Join our preschool story time with a twist!</p> <p>11am Wednesday 28 September Kingscliff Library 02 6674 1607</p>
<p><b>Printmaking Workshop</b></p> 	<p>Experience printmaking with simple block printing techniques. Make original artworks using foam/milk carton, pencil, watercolour, water-based ink and roller. Please bring an apron or old t-shirt. For ages 8 to 12 years. Bookings essential.</p> <p>10am Thursday 29 September Murwillumbah Library 02 6670 2427</p> <p>10am Friday 7 October Tweed Heads Library 07 5536 3672</p>
<p><b>Compost Workshop</b></p> 	<p>Join North East Waste and Tweed Shire Council for a fun-filled practical morning learning all things compost. Open to all Tweed Shire residents, children to adult. Bookings through Eventbrite: <a href="https://compost-workshop-murwillumbah.eventbrite.com.au">https://compost-workshop-murwillumbah.eventbrite.com.au</a></p> <p>10am Tuesday 4 October Murwillumbah Library</p>
<p><b>Biscuit Decorating</b></p> 	<p>Decorate your own Chefs Hat and biscuits. For ages 6 and over. Bookings essential.</p> <p>10am Thursday 6 October Kingscliff Library 02 6674 1607</p>
<p><b>Garden Craft</b></p> 	<p>Welcome spring at the library with a morning of garden themed creative craft. For ages 8 to 12 years. Bookings essential.</p> <p>9.30am to 11.30am Thursday 6 October Murwillumbah Library 02 6670 2427</p>
<p><b>Yarn letters</b></p> 	<p>Create a colourful yarn letter. For ages 8 to 12 years.</p> <p>From 3pm to 4.45pm Thursday 6 October Tweed Heads library 07 5536 3672</p>

**Picnic For Nature**  
**Sunday, 16<sup>th</sup> of October, 10am - 4pm**  
**Chillingham Community Centre**  
**1469 Numinbah Rd Chillingham**

A Nature Conservation Council Initiative

<https://www.nature.org.au/>

**Come join us in celebrating the natural beauty and biodiversity of our area and connecting with our community.**

**Speakers and discussions on environmental matters**

**Fun activities for the kids**



**Bring a picnic lunch and something to sit on.**

**And don't forget your family and friends.**



**Hosted by:** Caldera Environment Centre, Chillingham Landcare, North-East Forest Alliance, Fridays 4 Forests, Tweed Wildlife Carers, Active Hope, Citizens Climate Richmond, Nature Therapy Walks.

# ADVERTISING




**Hair on HOPKINS**  
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Colours From: \$45.00  
Folts from \$50.00 (1/4 head)  
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My name is Megan and I have been a hairdresser for over 20 years. I set up my salon here in Chillingham after selling my business at Tweed Heads which I owned for over 10 years.

Now that all my children are at school I feel it's time for me to expand my clientele. I offer a professional friendly service in a private air conditioned room.

I use only industry professional products, with my passion being hairdressing. I look forward to seeing you soon.

Contact Me: **0429 833 234**

98 Hopkins Creek Road, Chillingham




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Jo Carey

0401 927 201  
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**FOUNDATIONAL HYPNOTHERAPY**

### Clinical Hypnotherapy

Did you know that Hypnotherapy can offer success, that's drug free and no nasty side effects to hundreds of health and mental health issues?

For hundreds of years, Hypnosis has been used as a safe and effective treatment all over with world with wonderful success. If you are suffering physical and or mental conditions and have HAD ENOUGH then why not try a new approach.

Decide to be happier, healthier and to live a full life and make the changes, because you deserve it!

Here are just a few issues that the amazing mind can heal with the help of Clinical Hypnotherapy:

- IBS
- Pain management
- Bad habits
- Smoking, alcohol and Drug abuse
- Depression
- Anxiety, Trauma, PTSD
- Success
- Confidence
- Gratitude – improve enjoyment in life
- Self love/worth/image
- Forgiveness
- Anger management
- Road rage
- Gambling and addictions
- Weight loss/ weight gain
- Relationships
- Grief
- Motivation
- Sport performance
- Financial stress
- Saying No
- Menopause
- Broken hearts
- Fears and phobias

Initial consultations: 1.5hrs  
Follow up appointments: 60 mins

For optimal results you may need between 1-5 sessions depending on treatment plans.

Call, email or book online to have a face to face or Zoom appointment with **Natasha**

Phone: 0401 243 070  
Email: [info@foundationalhypno.com](mailto:info@foundationalhypno.com) Book through the website at [www.foundationalhypno.com](http://www.foundationalhypno.com)  
Address: 10 King Street, Murwillumbah NSW 2484

*Pensioner and Senior discounts available*

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Ph Kathy for appointment  
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