

# Chillingham Public School



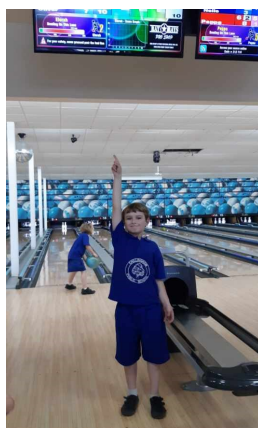
*Success through Teamwork*



## Small Schools Athletics Carnival



## Great Behaviour Day at Ten Pin Bowling



24 June 2022

## IMPORTANT DATES

**Friday 1 July**

Canteen  
Last day Term 2

**Monday 18 July**

School Development Day  
TEACHERS ONLY

**Tuesday 19 July**

Students return to school

## VISION STATEMENT

Our students are happy, literate lifelong learners. We empower them with the knowledge, skills and confidence enabling them to make a positive contribution to society.

Chillingham Public School is a great school. Join us.

Do what is  
**RIGHT,**

Not what is  
**EASY.**

ISS are looking for cleaners for our school and other schools around the area. For further information, please contact Brian 0409 241 514 or Tammy 0438 212 938



## From the Principal's desk

What a very busy week we have all had. With all the sunshine the children have been enjoying their time on the playground and equipment. AFL is still a great success on Fridays, although next week is our last week. This week we have also had our Small Schools Athletics Carnival and our Great Behaviour excursion – what a happy and exhausted group of students we have.

On Wednesday, Maddy and Vera attended the Small Schools Field Events Carnival with Vera coming 1<sup>st</sup> in the shot put. Congratulations Vera and well done Maddy for representing our school.



On Wednesday, we had the Small Schools Athletics Carnival at Kingscliff. We had a good number of students attend and represent our school. Our P&C also ran the canteen for the day which raised approx \$2800 profit. Amazing!! I'd like to thank Erika for organising the day and also a special thank you to all the marvellous families who donated their time or who baked or donated goods. This wouldn't have been such a success without our fantastic school community. The day was a lot of fun for everyone involved. Every one ran as fast as they could and participated in all activities to the best of their abilities. Your children constantly bring a smile to our faces and we beam with pride knowing their from OUR school.

Yesterday we enjoyed our 'Great Behaviour day'. This was to thank the students for their patience and great behaviour during the continuous wet weeks that we all endured. We are now so happy to see the sun. The students travelled by bus to Tweed/Coolangatta Ten Pin where they enjoyed a morning tea at Jack Evans Boat Harbour park before heading over to play a game of ten pin bowling. There were many laughs and lots of fun was had by all. We then jumped back on the bus and enjoyed lunch at Hungry Jacks before heading back to school and home. I was impressed by the quick and organised service of the staff at Hungry Jacks at South Tweed Heads. Nothing was too much trouble and they had our order ready in record time. If you happen to be at Tweed Hungry Jacks, please pass on our compliments.

We're having a 'few issues' with the cloud storage of our student reports (this is where the Department insists we store them). They are currently unavailable for us to access, which makes it very difficult to edit and print them. We are hoping to have the 'issue' resolved in time to have them to you by the last day of Term 2, but if not, they will come home first week back in Term 3.

Please return your Uniform orders (thanks to the Flood Relief Hardship Funds) **NEXT** week so we can get the order in for the jumpers/uniforms by end of term.

Vicki Roach  
Principal

### "On a Board"

Beeeeees Knees recipients

Riley, Sapphire, Indy & Marlee



Random Acts of Kindness recipient

Riley & Indianna

Free lunch— Vera





# Canteen / P&C Notice Board

## P&C Association:

A huge thank you to all who manned the canteen and to all who donated their time by either buying supplies or baking. This was a great success and it could not have happened without everyone's support. What a great community we have here. We are truly blessed.

A huge thank you once again to **Raes on Watego's** for donating the sausages, the **Chillingham Store** for donating the ice for our slushies and cold drinks, the **Rural Fire Brigade** for their monetary donation and a massive shout out to our early morning setter-uppers and bbq chefs, Matt, Simon and Shorty. Thank you.

Please join us at our next meeting on 11 August at 2.30pm.



## Canteen:

There **will** be canteen on the last day of term, **Friday 1 July**. Canteen will continue next term. Please advise if you are able to help out. Remember that many hands make light work.


## CANTEEN ROSTER

Term 2	Volunteer	Cake
Friday 1 July	Chrissy	Chrissy & Saxby family



**Navigating your teen's mental health with Black Dog Institute Webinar for parents and carers**  
Thursday 23 June 2022  
7:00 - 8:00 pm AEST

For more information and to register, go to <https://www.pandc.org.au/navigating-your-teens-mental-health/>



**Murwillumbah, Parent/Carer session:**  
**Practical strategies to support children and young people who have been impacted by natural disasters**

In partnership with DET NSW, Catholic Diocese of Lismore, and NSW Independent Association, headspace National are hosting an education session for parents and carers of children and young people to support their wellbeing, for the region of Murwillumbah.

Information presented will:

- Strengthen your understanding of the impacts of disasters on children and young people's mental health.
- Explore the conversational approach to talking to your young person about their mental health.
- Build skills and strategies to support your young person's mental health.
- Build awareness of local, state and national support services.

**When:** Tue, 28 June 2022  
6:30 pm – 7:45 pm AEST

**Where:** Nullum House, Nullum Street, Knox Park Murwillumbah NSW 2484

**How do I register?**  
[Click here](#) to register via Eventbrite, or copy the URL below into your web browser: <https://bit.ly/3bi8Kjy>

**Walk-ins are welcome if you are unable to access Eventbrite.**  
After you have registered, you will receive an email confirmation from Eventbrite.

All those who register will receive a digital information pack after the session that includes key messages as well as links to resources and support services.

**Contact:**  
For more information email: [headspaceSchools@headspace.org.au](mailto:headspaceSchools@headspace.org.au)

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

**Media release**

**Community picnic and artist paint out**  
Views, painting, clothes swap and more at Gallery on Sunday



**21 June 2022**

Pack a blanket, a picnic basket and an appreciation of art and enjoy the annual community picnic afternoon in the beautiful grounds of the Tweed Regional Gallery & Margaret Olley Art Centre.

To be held on Sunday 26 June from 2 pm to 5 pm, the afternoon will include live music, artists at work outdoors inspired by the glorious views, free art activities for the kids and, as an added bonus, a fashion clothing swap hosted by the Gallery to celebrate the current exhibition *Pattern and Print: Easton Pearson Archive*.

For more information, contact the Gallery on 02 6670 2790 or visit [gallery.tweed.nsw.gov.au](http://gallery.tweed.nsw.gov.au)

# ADVERTISING



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My name is Megan and I have been a hairdresser for over 20 years. I set up my salon here in Chillingham after selling my business at Tweed Heads which I owned for over 10 years. Now that all my children are at school I find it's time for me to expand my clientele, I offer a professional friendly service in a private air conditioned room. I use only industry professional products, with my passion being hairdressing. I look forward to seeing you soon.

Contact Me: 0429 833 234

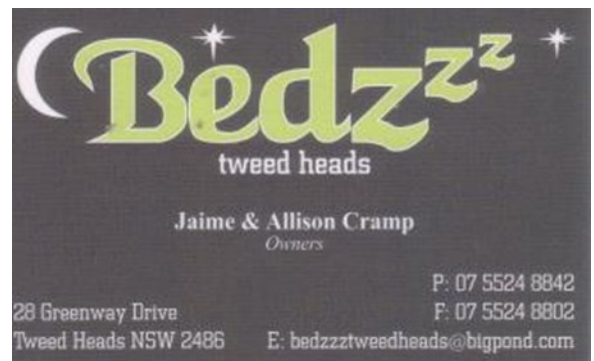
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## Clinical Hypnotherapy

Did you know that Hypnotherapy can offer success, that's drug free and no nasty side effects to hundreds of health and mental health issues?

For hundreds of years, Hypnosis has been used as a safe and effective treatment all over the world with wonderful success. If you are suffering physical and/or mental conditions and have **HAD ENOUGH** then why not try a new approach.

Decide to be happier, healthier and to live a full life and make the changes, because **you deserve it!**

Here are just a few issues that the amazing mind can heal with the help of Clinical Hypnotherapy:

- IBS
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- Depression
- Anxiety, Trauma, PTSD
- Success
- Confidence
- Gratitude – improve enjoyment in life
- Self love/worth/image
- Forgiveness
- Anger management
- Road rage
- Gambling and addictions
- Weight loss/ weight gain
- Relationships
- Grief
- Motivation
- Sport performance
- Financial stress
- Saying No
- Menopause
- Broken hearts
- Fears and phobias

Initial consultations: 1.5hrs

Follow up appointments: 60 mins

For optimal results you may need between 1-5 sessions depending on treatment plans.

Call, email or book online to have a **face to face** or **Zoom** appointment with **Natasha**

Phone: 0401 243 070

Email: [info@foundationalhypno.com](mailto:info@foundationalhypno.com) Book through the website at [www.foundationalhypno.com](http://www.foundationalhypno.com)

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