

CHILLINGHAM PUBLIC SCHOOL

SUNSAFE POLICY

Date: April 2019

Purpose:

This SunSmart policy provides guidelines to:

- ensure all students and staff are protected from over-exposure to UV radiation;
- ensure the outdoor environment provides shade for students and staff;
- ensure students are encouraged and supported to develop independent sun protection skills to help them be responsible for their own sun protection;
- support duty of care requirements; and
- support appropriate WHS strategies to minimise UV risk and associated harms for staff and visitors.

Background:

Too much of the sun's UV can cause sunburn, skin and eye damage and skin cancer. UV damage accumulated during childhood and adolescence is strongly associated with an increased risk of skin cancer in later life.

Procedures:

The sun protection measures listed are used for all outdoor activities during the school day and apply to all school events on and off-site.

1. Seek shade

- The school ensures there are sufficient shelters and trees providing shade in outdoor areas particularly in high-use areas e.g. where students have lunch, canteen, assemblies, sports, outdoor lessons and popular play spaces.
- The availability of shade is considered when planning all other outdoor activities.
- Students are encouraged to use available areas of shade when outside.
- Students who do not have appropriate hats or outdoor clothing are asked to play in the shade or a suitable area protected from the sun.

2. Slip on sun protective clothing

- The school uniform is cool, loose-fitting, sun protective and made of densely woven fabric. It includes shirts with collars and elbow-length sleeves, and longer-legged shorts.

3. Slap on a hat

- All students are required to wear broad-brimmed hats that protect their face, neck and ears whenever they are outside. Peak caps and visors are not considered a suitable alternative.

4. Slop on sunscreen

- The school supplies SPF30 (or higher) broad-spectrum, water-resistant sunscreen for staff and student's use.
- Strategies are in place to remind students to apply sunscreen before going outdoors e.g. reminder posters near classroom doorways.

5. Slide on sunglasses

- Students are encouraged to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.



Learning and skills

Programs on sun protection are included in the curriculum for all year levels.

Engaging children, educators, staff and families

- SunSmart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website/intranet, staff and parent meetings, school assemblies, student and teacher activities and at student enrolment/new staff orientation.
- As part of WHS UV risk controls and role-modelling, staff, families and visitors:
 - wear a sun protective hat, covering clothing and, if practical, sunglasses;
 - apply sunscreen; and
 - seek shade whenever possible.

Monitoring and review

SunSmart policy updates and requirements will be made available to staff, families and visitors.

Policy links

[Excursion Policy](#)

[Guidelines for the Safe Conduct of Sport and Physical Activity in Schools](#)

[School Uniform Policy](#)

[Student Health in NSW Public Schools: A summary and consolidation of policy](#)

[Sun shade in schools](#) (DEC intranet only)

Related links

[Cancer Council NSW](#)

[Early Years Learning Framework](#)

[Education and Care Services National Regulations](#)

[NSW Skin Cancer Prevention Strategic Plan 2012-15](#)

